

BRINGING
LAGOS
TO
LONDON

EKO

BAR & RESTAURANT

FOOD
MENU

EKO BAR & RESTAURANT

À LA CARTE MENU

STARTERS

CHICKEN WINGS (G,S) BUFFALO LEMON PEPPER	10	DUCK SPRING ROLLS (G,S,N) DEEP FRIED DUCK ROLLS WITH SAUCE	14	MOIN MOIN (G,V) STEAMED BEANS CAKE	7
ASUN (G,S,N) BARBEQUED GOAT MEAT	14	BEANS & PLANTAIN (V) BLACK EYED BEANS WITH SLICED PLANTAIN AND SAUCE	10	PLANTAIN (V) FRIED & SLICED PLANTAIN	7
SUYA OR SUYA TOZO (G,S,N) GRILLED BEEF WITH SUYA SPICES	14	SNAILS (G) SPICY GARNISHED SNAILS	(SEASONAL)	FRIED YAM (V) SERVED WITH FRIED STEW	8
CALAMARI FRIED SQUID WITH TAR TAR SAUCE	14	EKO NATTY (G,S) DEEP FRIED PRAWN DUMPLINGS	25	NKWOBİ (G,S) DICED COW FOOT DISH (HOT)	14

MAIN COURSE

(MAIN COURSES ARE SERVED WITH: POUNDED YAM | AMALA | OR EBA) £3

EFO RIRO EGUSI OKRO OGBONO EWEDU OR ABULA WITH: (G,S)		EDIKIKONG SOUP WITH: (G,S)		ILA ASEPO SOUP WITH: (G,S)	
ASSORTED MEAT STEW	12	ASSORTED MEAT STEW	21	ASSORTED MEAT STEW	13
BEEF STEW	12	BEEF STEW	21	BEEF STEW	13
FISH STEW	12	FISH STEW	21	FISH STEW	13
CHICKEN STEW	12	CHICKEN STEW	21	CHICKEN STEW	13
STOCKFISH STEW	15	STOCKFISH STEW	24	STOCKFISH STEW	18

SOUPS
(G,S,C)

ASSORTED MEAT PEPPER SOUP DICED TRIPE, COW FOOT AND BEEF	14	FISH PEPPER SOUP TILAPIA OR CATFISH	24	TURKEY WINGS PEPPER SOUP SPICY TURKEY WINGS	14
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SEAFOOD & GRILL

JUMBO GRILLED PRAWNS (G,S,C) JUICY GARLIC PRAWNS	(SEASONAL)	BEEF SIZZLE (G,S) DICED BEEF GARNISHED WITH PEPPERS AND ONIONS ON A HOT SKILLET	14	GRILLED FISH (G,S,C) CROAKER OR TILAPIA FISH SERVED WITH PLANTAIN OR YAM	25
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RICE DISHES

JOLLOF RICE (V)	5
FRIED RICE (V)	5
BOILED RICE (V)	5

CHOICE OF STEWS

FISH STEW (G,S,C)	10	ASSORTED MEAT STEW (G,S)	10
BEEF STEW (G,S)	10	STOCKFISH STEW (G,S,C)	14
CHICKEN STEW (G,S)	10	AYA-OLE STEW OR AYAMASHE STEW (G,S)	10

SIDES

CHUNKY CHIPS (V)	5	MIXED SALAD (V)	5
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A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO YOUR FINAL BILL.

ALLERGY DESCRIPTIONS: (S) - SOYA | (G) - GLUTEN | (N) - NUTS | (D) - DAIRY | (E) - EGGS | (C) CRUSTACEAN

FOOD ALLERGIES & INTOLERANCE: BEFORE ORDERING YOUR FOOD AND DRINKS, PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE ANY ALLERGIES OR WOULD LIKE TO KNOW MORE ABOUT THE INGREDIENTS. WE CANNOT GUARANTEE THAT ALL OF OUR DISHES ARE 100% FREE FROM NUTS, DAIRY OR THEIR DERIVATIVES. SOME ITEMS MAY CONTAIN GLUTEN.